



Conduct And Substance Abuse Policy

YOUTH RUGBY

Sligo R.F.C. members, including athletes, coaches, officials and volunteers must conduct themselves in a sportsmanlike manner, and be responsible for their actions in competition, going to and from events, and while at locations hosting games, camps or events. Members are also responsible for knowledge of, and adherence to the rules and procedures of the Sligo R.F.C.. Unsportsmanlike conduct may result in disqualification from the team, an event, and possibly prevent participation in future events.

Sportsmanlike conduct is defined as, but is not limited to: respect for opponents, competition officials, employees, the public; respect for facilities, privileges and operating procedures; the use of courtesy and good manners; acting responsibly and maturely; refraining from the use of profane or abusive language; and abstinence from illegal and banned drugs.

Note: Sligo R.F.C. considers the legal age for consumption of alcohol as 18 years of age or older, regardless of local law.

Section 1

Sligo R.F.C. members shall conduct themselves at all times, and in all places as befits worthy representatives of Sligo R.F.C, in accordance with the best traditions of national and international competition. Any Coach, Volunteer or Official who has been subject to Disciplinary Action for Referee Abuse shall be suspended from future participation in Sligo R.F.C.

Section 2

1. Sligo R.F.C. members shall maintain high standards of moral and ethical conduct, which includes self-control and responsible behavior, consideration for, the physical, and emotional well being of others, and courtesy and good manners.



2. Competitors, coaches, and officials shall abstain from the use of illegal drugs. Absolutely no consumption of alcohol is permitted for those individuals under the age of 18. Members under 18 years of age shall not participate in gatherings involving consumption of alcohol unless it is an official Sligo Youth Rugby event, or event organizer function.
3. No member shall violate the customs, or laws of a Country while traveling with Sligo R.F.C.
4. No member shall commit a criminal act while representing Sligo R.F.C.
5. Participants in Sligo R.F.C. events will avoid profane or abusive language and disruptive behavior.
6. Competitors shall abide by the rules of competition in all events.
7. Members shall abide by Sligo R.F.C. rules and procedures while traveling to and from and participating in official Sligo R.F.C. team, development camps and competitions.
8. Hazing or any behavior that is physically, emotionally or socially unacceptable will not be tolerated. This will result in immediate release from the team and possible legal action against those responsible parties.

Section 3

1. Any athlete or official who uses any substance or material, by whatsoever route introduced into the body, with the sole objective to artificially increase performance, before or during a competition, is, by definition, engaging in doping, and shall be subject to immediate suspension procedures. Action with intent to violate this section of the Code of Conduct, whether successful or not, shall be sufficient to warrant suspension of the competitor.
2. In the case of coaches or officials, any person who participates in the violation of the rule in the preceding paragraph by encouragement or consent communicated to the competitor, or by furnishing prohibited materials or substances, shall be subject to suspension, or removal from the team or event (officials don't belong to the team).



Section 4

Nothing in this Code shall be deemed to restrict the individual freedom of a competitor, coach, or official in matters not affecting competition as a representative of Sligo R.F.C., or the well being of the team. In choices of appearance, lifestyle, behavior and speech while not traveling or competing with the team, competitors shall have complete freedom, provided their statements and actions do not adversely affect the name and reputation of Sligo R.F.C.

Section 5

Failure to comply with any of the above provisions may lead to disciplinary action against competitors, coaches, or officials as solely determined by Team Management, i.e., coaches, medical and administrator. The disciplinary action taken can include:

1. **Suspension from competition.**
2. **Dismissal from the team trip or training camp.** All costs in returning a dismissed athlete home will be the sole responsibility of his parents.
3. **Elimination from future Sligo R.F.C events.**

Any action taken shall be applied fairly and equitably to all parties involved.

Grievances, Suspensions and Appeals

Sligo R.F.C. is committed to principles of fairness, due process and equal opportunity. Members are entitled to fair treatment, in compliance with Sligo R.F.C. policies and procedures. Members are also entitled to fair notice, and an opportunity for a hearing before being prevented from participating in competition.

Each athlete, coach, volunteer, of other party involved with Sligo R.F.C., is required to sign a copy of this Code of Conduct, and, by doing so accepts the standards described herein.

PRINTED NAME _____

SIGNATURE _____